

## FRASE AI TEMPLATE BLUEPRINT

# LISTICLE WITH PARAGRAPHS

*In this blueprint, you'll learn how to use both the FREE and Pro versions of this template, and how this template might fit into your workflow. The next few pages include some sample input and output for the template. Be very careful with your input. Study the following examples and analyze them carefully. Why? So you can achieve better results. In more than 95% of cases, people who get poor output after 3 generations had poor input. That's why it's critical to fully understand what type of input a template expects before you start using it. Join the [Frase Facebook group](#) if you have questions or are struggling.*

**[RANKINGTACTICS.COM](https://RANKINGTACTICS.COM)**

# INSTRUCTIONS AND WORKFLOW SUGGESTIONS

The Frase AI template "Listicle with Paragraphs" is a fan favorite template. The free version has been used more than 50,000 times! It's designed to create a listicle using an article title. Usually the output is between 300-500 words. Now there are some things to keep in mind regarding this template:

1. The AI sometimes finishes discussing your topic and decides to discuss something different. In that case, just take the portion of the output you want.
2. Your title must specify the number of items (e.g., 5 ways to...) and not "ways to do..."
3. Your number of items should range between 3 and 7. You will get fewer paragraphs per subheading when you increase above 7. What if you want more than 7? Just do multiple generations, and merge the results together (renumbering as you proceed). You could easily create a list of 25 things!
4. Try three generations. If you're still not getting the results you want, switch up your input.

*Matt Zimmerman*

RankingTactics Founder & CEO

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## RESOURCES TO HELP YOU

The following resources will help you in your content generation workflow while using Frase.

Need Frase? Use code "rankingtactics" and our affiliate [link](#) for a great deal.

### Frase Beginner to Master Course

Includes more than 8 hours of expert training on using Frase from an SEO perspective, creating your own AI template, and a heck of a lot more!

[www.rankingtactics.com/frase-course](http://www.rankingtactics.com/frase-course)

### Frase Pro Templates

Virtually all of my templates have a free and pro version. The free version is found in the Frase community template section. But if you want the best possible output, then get the pro template.

[www.rankingtactics.com/frase-pro-templates](http://www.rankingtactics.com/frase-pro-templates)

# LISTICLE WITH PARAGRAPHS: EXAMPLE 1

## FREE TEMPLATE

Input: 7 Tips to Practice for a Marathon

## OUTPUT: 403 WORDS

Marathon running is one of the most popular sports in the world. If you're thinking about signing up for a marathon, here are seven tips to practice for a successful race.

### #1. Train Properly

Before you sign up for any marathon, make sure you train properly. This means doing proper training runs, strength training, and stretching exercises.

It's important to run slowly and steadily without stopping too often. Running fast for too long can cause injuries.

Running slow allows you to focus on form and technique. Stretching helps prevent muscle soreness after exercise. Strength training builds endurance and improves speed.

### #2. Eat Right

Eating right before a marathon is essential. Make sure you consume plenty of carbohydrates and proteins before the race.

Carbohydrates give you energy, and proteins provide amino acids that repair muscles.

Avoid foods that contain caffeine, such as coffee, tea, chocolate, and cola drinks. Caffeine causes dehydration and cramps.

Drink water regularly to avoid dehydration.

### #3. Warm Up Before Exercise

Warming up before exercising is an effective way to prepare yourself for the rigors of a marathon.

Start off gently by walking briskly for 10 minutes. Then gradually pick up the pace until you reach a comfortable jog.

After warming up, stretch your legs and arms. Do several sets of each leg and arm movement.

Stretches should be done slowly and smoothly.

### #4. Hydrate During Exercise

During a marathon, you may feel thirsty. Drink plenty of fluids to avoid dehydration.

Water is the best fluid to drink during exercise. Avoid caffeinated beverages, alcohol, and sugary drinks. They dehydrate you faster than plain water does.

### #5. Dress Appropriately

Dress appropriately for the weather conditions. Wear layers of clothing to protect against cold temperatures.

Make sure you dress comfortably. Don't overheat or underdress.

A hat and sunscreen are recommended.

### #6. Stay Positive

Stay positive and motivated. Remember that you'll achieve success once you finish the race.

Have faith in yourself and your abilities. Be confident that you can complete the race successfully.

Remember that you're stronger than you think.

When you follow these tips, you'll be well prepared for a successful marathon.

### #7. Get Ready for the Race

Get ready for the race by preparing your body and mind.

Prepare your body by eating right and drinking enough fluids. Stretch your muscles and warm up before the race.

Practice breathing techniques to calm your nerves.

Think positively and remember that you'll succeed.

– Grade: A

– Comments: *The output is fantastic!*

# LISTICLE WITH PARAGRAPHS: EXAMPLE 1

## PRO TEMPLATE

Input: 7 Tips to Practice for a Marathon

## OUTPUT: 518 WORDS

Running a marathon is a big deal. It takes a lot of training to run 26 miles without stopping. But running a marathon isn't easy. There's a lot of preparation involved.

So here are seven tips to practice for a marathon.

### #1. Train Properly

Before you sign up for any race, you need to train properly. Running a marathon requires a lot of endurance. To prepare for a marathon, you need to focus on building endurance.

This means doing longer runs, increasing your mileage gradually, and practicing speedwork. Speedwork involves short bursts of intense exercise followed by recovery periods.

Speedwork helps develop fast-twitch muscle fibers, which are used primarily for sprinting. Sprinting is the fastest form of movement, and it's essential for a runner to master sprinting.

### #2. Eat Right

To run a marathon successfully, you need to eat right. Eating right means eating plenty of carbohydrates and protein. Carbohydrates provide fuel for muscles, and proteins help repair damaged tissue.

Carbohydrates include fruits, vegetables, bread, pasta, rice, potatoes, and beans. Protein comes mainly from meat, fish, eggs, dairy products, nuts, and legumes.

Eating right also means avoiding foods that contain too much saturated fat, trans fats, and sodium. Saturated fat raises LDL ("bad") cholesterol levels, and trans fats raise triglyceride levels. Sodium causes water retention, which leads to bloating.

### #3. Drink Water

Drinking lots of water keeps you hydrated and prevents dehydration. Dehydration can cause cramps, fatigue, headaches, dizziness, and nausea.

It's recommended that runners drink 16 ounces of water every hour. Drinking water also helps prevent constipation, which can lead to stomach problems.

### #4. Warm Up Before Exercise

Warming up before exercising improves performance. Warming up allows your muscles to become loose and limber so that they're ready to perform efficiently.

Start warming up by walking briskly for five minutes. Then jog slowly for 10 minutes. After this warm-up period, walk again for another five minutes. Repeat this sequence two times.

After completing the second round of jogging, begin stretching exercises. Stretching loosens tight muscles and prepares your body for physical activity.

### #5. Cool Down After Exercise

Cooling down after exercise reduces muscle soreness and speeds healing. The cool-down phase begins immediately after finishing your workout.

Walk briskly for five minutes, then jog slowly for 10 minutes, and finally walk again for five minutes.

During the cool-down phase, stretch your muscles and joints. Stretch your hamstrings, quadriceps, calves, glutes, shoulders, neck, back, and arms.

### #6. Rest Properly

Resting between workouts is crucial for maintaining peak fitness. During resting periods, your body repairs itself and recovers from previous workouts.

A good rule of thumb is to rest for 20 minutes after each workout. However, if you feel tired during your resting period, you may need to rest longer.

### #7. Stay Motivated

Staying motivated is key to success. Remember why you started running in the first place. Was it to lose weight? Improve health? Or maybe you wanted to compete in a marathon someday. Whatever your motivation was, stay focused on achieving your goals.

Remember that there's always something new to learn, and you'll find inspiration along the way.

-- Grade: A+

-- Comments: The output is fantastic and it's 130+ more words than the free template.

# LISTICLE WITH PARAGRAPHS: EXAMPLE 2

## FREE TEMPLATE

**Input:** 7 Secrets to Get More Backlinks

## OUTPUT: 415 WORDS

Backlinks are one of the most important ranking factors for websites. If you don't have backlinks, you won't rank higher in search engines.

So, how do you get more backlinks? Here are 7 secrets to get more backlinks.

### #1. Use Social Media

Social media sites such as Facebook, Twitter, LinkedIn, Google+, Pinterest, Instagram, YouTube, Reddit, Tumblr, and others are great places to promote your website.

These sites allow you to share content with your followers and fans. This helps you get more backlinks. And these sites are free to use.

### #2. Create Content That People Want To Share

Content marketing is an effective strategy to get more backlinks for your site. Write articles, blog posts, videos, infographics, podcasts, ebooks, white papers, etc., that people want to share.

People share content that interests them. They share content that makes them think, laugh, cry, learn, or inspire.

Create content that people want to share and you'll get more backlinks. Make sure your content is unique and interesting.

### #3. Link Out to Other Websites

Link building is another effective strategy to get more links for your website. Find websites that link to yours and ask them to add a link to your website.

This works especially well if you have a niche website. For example, if you run a fitness website, find blogs related to health and fitness. Ask them to link to your website. You can also find forums related to your niche and ask them to link to your site.

### #4. Submit Articles to Article Directories

Article directories are another place to submit content. These include EzineArticles, ArticleBase, ArticleFlyer, ArticleMoz, ArticleRebel, ArticleRising, ArticleTango, ArticleVault, ArticleZoo, and many others.

Submit your content to these sites and you'll get more links

### #5. Build Relationships With Influencers

Influencer marketing is another effective strategy to generate more backlinks for your website. Find influencers in your niche and connect with them.

Ask them to write guest posts for your site. Provide them with relevant information and resources. Offer them something in return.

For example, if you run an online store, offer them products or services. If you run a fitness website or blog, offer them training programs or coaching sessions.

### #6. Add Images to Blog Posts

Images attract readers' attention. Adding images to blog posts will help you get more backlinks for SEO purposes.

Use stock images instead of original pictures. Stock images are available for free on sites like Pixabay and Unsplash.

### #7. Optimize Your Website

Optimizing your website for SEO means adding keywords to your pages and using HTML tags correctly.

Make sure your page titles are descriptive and contain keywords. Include meta descriptions for each page.

Add alt text to images. Use Schema markup. Use H1, H2, H3, and H4 tags. Use internal linking.

There are many other things you can do to optimize your website. But these seven strategies should give you a head start.

-- Grade: *b*

-- Comments: *A little shorter than the pro version, but you could perform some more generations and try your luck! I docked a point because number 4 is a little wonky.*

# LISTICLE WITH PARAGRAPHS: EXAMPLE 2

## PRO TEMPLATE

**Input:** 7 Secrets to Get More Backlinks

## OUTPUT: 644 WORDS

Getting backlinks is one of the most effective SEO strategies. If you don't have any backlinks yet, you may think it's impossible to get them. However, there are several secrets to get more backlinks.

In this article, we'll share 7 tips to get more backlinks for your website.

### #1. Use Social Media

Social media sites such as Facebook, Twitter, Instagram, Pinterest, LinkedIn, Google+, YouTube, Reddit, Tumblr, and others are an excellent place to get backlinks.

These websites allow users to comment, share, and interact with each other. This means that you can easily get backlinks from these websites.

For example, if you write a blog post about a topic related to your niche, you can ask your readers to share your content on social media. They will share your content on their social media accounts, and you will get backlinks from those shares.

This is a great strategy to get more backlinks without spending much effort.

### #2. Write Guest Posts

Guest posting is another great way to get backlinks. Writing guest posts is a great way to promote yourself and your site.

Writing guest posts is a great opportunity to get backlinks. You can submit articles to blogs that cover topics similar to yours.

When writing a guest post, you should focus on providing value to the reader. For example, if you are writing a guest post about "How to Make Money Online," you should provide information about online jobs, affiliate marketing, blogging, and other relevant topics.

### #3. Submit Articles to High PR Sites

Submitting articles to high PR sites is another great way to generate backlinks. These sites include Wikipedia, Digg, Yahoo Answers, Quora, and others.

To find high PR sites, you can search using tools such as Ahrefs, Majestic, SEMrush, and Moz.

After submitting your articles to these sites, wait for a couple of days. Then, check your analytics to see whether your articles were published.

If your article was accepted, you will receive a notification email. Clicking on the link in the email will redirect you to the page where your article has been posted.

### #4. Create Content That People Want To Share

Creating content that people want to share is another great way to obtain backlinks.

People love sharing interesting stories, funny videos, and images. Therefore, if you create content that people want to read, watch, or share, you will get more backlinks. You can use Buzzsumo to find popular content.

### #5. Link Building Services

Link building services are another great way to get more backlinks to your site. There are many companies offering link building services. Some of them charge per month, while others offer packages.

Before choosing a service provider, you should do research. Find out what type of links they provide, how many backlinks they provide, and how often they update their database.

### #6. Build Relationships With Influencers

Influencer marketing is another great way to acquire backlinks. An influencer is someone whose opinion matters to his/her audience.

There are many types of influencers. You can choose anyone who writes a blog, vlogs, creates infographics, or makes videos.

Once you identify an influencer, contact him/her and let him/her know about your website. Offer to give him/her a freebie or something else he/she wants.

Then, ask him/her to mention your website in his/her blog or video. After doing this, you will get backlinks.

### #7. Buy Links From Other Websites

Buying links from other websites is another great way to earn backlinks.

However, buying links is illegal. Before purchasing links, you should first check if the website owner allows paid links.

If the website owner does not allow paid links, then you should avoid buying links. Otherwise, you could face legal issues.

### Conclusion

Backlinks are very important for SEO. Getting more backlinks is one of our top priorities. We hope that these seven tips will help you get more backlinks.

– Grade: A+

– Comments: WOW! It even threw in a conclusion for us! Fantastic!

# LISTICLE WITH PARAGRAPHS: EXAMPLE 3

## FREE TEMPLATE

**Input:** 5 Ways to Stop Drinking

**OUTPUT: 525 WORDS**

Drinking alcohol has become an integral part of our culture. We drink wine with dinner, beer after work, cocktails at happy hour, and sometimes even shots of tequila at parties.

Alcohol consumption is associated with numerous health problems, such as liver damage, stroke, diabetes, depression, anxiety, and memory impairment.

However, drinking too much alcohol can lead to serious consequences, including death.

So how do you stop drinking without feeling guilty? Here are five tips to help you quit drinking.

### #1. Set Realistic Goals

Before you decide to cut back on your drinking habits, set realistic goals. If you think you can go one week without drinking, don't expect yourself to last longer than that.

Set small goals first, like cutting down on drinks at lunch or going to bed earlier. Then, once you reach those goals, you can set bigger ones.

### #2. Find Support

Find support groups online or in person. Alcoholics Anonymous meetings are a great place to find others who share similar struggles.

In addition, talk to your doctor about treatment options. He or she may suggest medications or counseling.

### #3. Don't Drink Alone

It's tempting to drink alone, especially when you feel lonely or depressed. However, drinking alone doesn't solve anything.

Instead, invite a friend over to watch movies or play board games. This will give you something else to focus on besides alcohol.

### #4. Stay Hydrated

When you drink alcohol, your body loses water. As a result, you may feel thirsty, tired, and dehydrated.

Stay hydrated by drinking plenty of water and avoiding sugary beverages.

### #5. Avoid Hangovers

Hangovers happen when you drink too much alcohol. They usually occur within 24 hours of consuming alcohol.

To avoid hangovers, limit your intake of alcohol to no more than two drinks per day.

Avoiding hangovers will prevent you from experiencing negative side effects of excessive alcohol consumption.

### #6. Be Honest With Yourself

Be honest with yourself about your drinking habits. If you really want to change your behavior, you need to accept responsibility for your actions.

This means accepting that you made mistakes and taking steps to correct them.

For example, if you realize that you drank too much alcohol, apologize to your loved ones and promise to change your behavior.

If you don't admit your mistakes, you won't be able to change your behavior. Instead, you'll continue to blame others for your bad decisions.

### #7. Make Changes Slowly

Start slowly when trying to cut back on your alcohol consumption. For example, instead of stopping completely, cut back on your drinking by half each week until you've stopped entirely.

Slowly reducing your alcohol intake will allow your body to adjust to the changes.

Once you've reached your goal, stick to it. Don't fall off the wagon and resume your old habits.

Remember, you're worth it. You deserve better than drinking too much alcohol.

### #8. Celebrate Successes

Celebrate every success you achieve. Whether you successfully avoided drinking alcohol or you went out with friends, celebrate your accomplishments.

These celebrations will motivate you to continue working toward your goal.

After all, what's the point of reaching your goal if you don't enjoy celebrating your successes?

– Grade: A

– Comments: Great output! I hope this is useful to someone with a drinking problem.



# LISTICLE WITH PARAGRAPHS: EXAMPLE 3

## PRO TEMPLATE

Input: 5 Ways to Stop Drinking

## OUTPUT: 541 WORDS

Drinking alcohol is a big problem for many Americans. According to the National Institute on Alcohol Abuse and Alcoholism, nearly 20 percent of adults drink too much alcohol. That means that 1 in every 5 American adults drinks too much alcohol.

Alcohol abuse is a serious issue that affects millions of people across America. But drinking too much isn't inevitable. There are things you can do to stop drinking. Here are five tips to help you quit drinking.

### #1. Find Support Groups

Support groups are a great place to find encouragement and support when trying to stop drinking. Many people join support groups after they've tried to quit drinking on their own.

These groups provide a safe environment where people share stories and advice. Some groups focus on specific issues such as alcoholism, drug addiction, or smoking cessation. Others may focus on general topics such as stress management or coping with life's challenges.

Finding a group that fits your needs is key. For example, if you're struggling with depression, you may benefit from joining a group focused on dealing with depression.

### #2. Join AA/NA Meetings

AA meetings are held weekly and are open to everyone. People attend AA meetings to learn about the 12 steps of recovery and to receive guidance and support.

People often begin attending AA meetings after they've failed to stop drinking on their own. The first step toward sobriety is admitting that you have a problem. Once you admit that you have a problem, you can then seek help from others who have successfully overcome similar problems.

AA meetings offer a supportive community where people can talk openly about their struggles. Members of AA meet regularly to encourage each other and to celebrate successes.

There are several different types of AA meetings. For example, there are fellowship halls, church-based AA meetings, and sober living houses. Each type of meeting offers its own benefits.

Fellowship halls are usually located in churches and offer a comfortable atmosphere. Church-based AA meetings are typically led by clergy members and are open to any member of the congregation.

Sober living houses are residential facilities where recovering addicts live together and participate in daily AA meetings.

### #3. Seek Professional Help

When you decide to stop drinking, it's important to seek professional help. A qualified therapist can help you identify the reasons why you started drinking in the first place and teach you strategies to cope with those reasons.

A therapist can also help you develop coping skills so that you don't fall back into old habits.

### #4. Avoid Negative Reinforcement

Negative reinforcement refers to rewarding behaviors that lead to negative consequences. For example, giving a child candy after he misbehaves could reinforce his bad behavior.

Similarly, giving a friend money after she drinks too much could reinforce her bad habit.

Avoiding negative reinforcement is essential to stopping drinking. Instead, reward positive behaviors. For example, give yourself praise for staying away from alcohol.

### #5. Set Realistic Goals

Setting realistic goals is another way to avoid falling back into old habits. For example, instead of setting a goal to abstain from alcohol completely, try limiting your intake to two drinks per week.

This approach allows you to enjoy social events without feeling guilty or ashamed.

– Grade: A+

– Comments: Slightly more words than the free version, but the subheadings are also more interesting. The AAA heading is fantastic!

# LISTICLE WITH PARAGRAPHS: EXAMPLE 4

## FREE TEMPLATE

**Input:** Top 7 Things to Do in Vegas

## OUTPUT: 501 WORDS

Vegas has become one of the most popular tourist destinations in the world. With its unique culture, entertainment, and nightlife, it attracts millions of visitors every year.

So whether you're visiting Las Vegas for the first time or you're an experienced traveler, here are seven things you shouldn't miss when you visit the city.

### #1. Visit the Grand Canyon

There's no doubt that the Grand Canyon is one of the most breathtaking sights in America. This massive canyon stretches across Arizona and Utah and is nearly 1 mile deep.

It was formed by erosion caused by water flowing down the Colorado River. The river cuts through layers of rock and soil, leaving behind spectacular views of red sandstone cliffs, lush forests, and turquoise blue waters.

Visiting the Grand Canyon is a once-in-a-lifetime opportunity. Make sure you don't miss it!

### #2. Take a Helicopter Tour

Las Vegas offers plenty of helicopter tours, allowing you to view the city from above. There are several companies offering these flights, such as HeliQuest, Sky Adventures, and Desert Express Helicopters.

These tours offer amazing views of the Strip, Hoover Dam, Lake Mead, and much more. They also allow you to see parts of the city that would otherwise be inaccessible.

### #3. See the Neon Lights

Las Vegas is known for its neon lights, and there are plenty of places to see them. Some of the most famous include the Fremont Street Experience, the Mirage Hotel & Casino, and the Luxor Hotel & Casino.

Fremont Street is the oldest continuously operating street in North America. It features over 2 million square feet of LED lighting, which makes it glow bright at night.

The Mirage Hotel & Casino is another iconic building in Las Vegas. Its exterior is made entirely of glass, giving it a futuristic feel.

The Luxor Hotel & Casino is the largest hotel in the United States. It boasts over 6,000 rooms and over 100 restaurants.

### #4. Go Shopping

Las Vegas is full of shopping opportunities. From boutiques to department stores, there's something for everyone.

Some of the most popular malls include Fashion Show Mall, Miracle Mile Shops, and Sahara Avenue.

### #5. Enjoy Live Music

Whether you love listening to live music or dancing to it, Las Vegas has plenty of venues where you can hear top acts perform.

Head to the Hard Rock Café, House of Blues, and XS Nightclub & Dayclub for performances by big names like Lady Gaga, Bruno Mars, and Katy Perry.

### #6. Explore the Arts

Las Vegas is home to numerous museums and galleries. These include the Nevada Museum of Art, the Mob Museum, and the National Atomic Testing Museum.

### #7. Eat Local Food

Las Vegas is home of some of the best food in the country. Whether you enjoy Mexican cuisine, Italian dishes, Chinese food, or American fare, you won't go hungry.

From tacos to sushi, there's plenty of delicious food to eat in Las Vegas.

What are you waiting for? Book your flight to Las Vegas right away!

– Grade: A+

– Comments: It has 1 more word than the pro version so let's give it an A+

# LISTICLE WITH PARAGRAPHS: EXAMPLE 4

## PRO TEMPLATE

**Input:** Top 7 Things to Do in Vegas

## OUTPUT: 500 WORDS

Vegas is known for its gambling, entertainment, and nightlife. But did you know that there are tons of things to do in Vegas besides gamble? Here are seven top things to do in Vegas.

### #1. Go to the Venetian Casino Resort

This casino resort is located right next door to the Bellagio Hotel & Casino. It offers a variety of restaurants, shops, shows, and attractions.

There are plenty of places to eat here, such as the famous Buffet del Corso. There are also several bars and lounges, such as the Blue Martini Lounge.

The Venetian is also home to the Mirage Theater, which features live performances every weekend.

### #2. Visit the Luxor Las Vegas

Located near the Stratosphere Tower, the Luxor is another popular hotel and casino in Vegas.

It's home to the largest pyramid in North America. There are also two giant statues inside the building. One statue depicts King Tutankhamun, and the other represents his wife Queen Nefertiti.

In addition to the pyramids, the Luxor also houses the Egyptian Theatre, which hosts live performances every week.

### #3. Take a Tour of the Strip

Take a tour of the strip and see where all the action takes place. You can visit the MGM Grand, Mandalay Bay, New York New York, Excalibur, and Circus Circus hotels.

These five casinos are among the biggest and most luxurious in the world. Each one has something different to offer visitors.

MGM Grand is home to the largest theater in the world. New York New York is home to the tallest observation wheel in the world. And Excalibur is home to the largest indoor water park in the United States.

Circus Circus is home to the largest circus tent in the world.

### #4. See the Lights at The Neon Museum

Visit the Neon Museum to learn about the history of neon signs in Las Vegas.

The museum was founded in 1995 and contains thousands of vintage neon signs. Visitors can view the collection in chronological order.

### #5. Explore Downtown Las Vegas

Downtown Las Vegas is full of interesting sights and sounds. You can explore the Fremont Street Experience, which is a pedestrian mall lined with hundreds of colorful lights.

You can also visit the Mob Museum, which tells the story of organized crime in America.

### #6. Attend a Concert at T-Mobile Arena

T-Mobile Arena is home to concerts and sporting events. It's also the site of the annual Coachella Music Festival each April.

Visitors can attend any number of concerts at this venue. Some of the artists who have performed include Lady Gaga, Taylor Swift, Coldplay, Katy Perry, Bruno Mars, and many others.

### #7. Play Mini Golf at Bally's Las Vegas

Bally's Las Vegas is home to mini golf courses. There are four different courses available to play.

Each course has 18 holes and requires players to use a putter instead of a driver.

Mini golf is a lot of fun, especially if you're looking for a relaxing way to spend a couple hours.

– Grade: A

– Comments: Solid output!

# LISTICLE WITH PARAGRAPHS: EXAMPLE 5

## FREE TEMPLATE

**Input:** 7 DIY House Renovation Tricks

## OUTPUT: 473 WORDS

Do you ever wish you had an extra room in your house? Maybe you would like to add another bathroom or bedroom to your home.

Or maybe you just want to spruce up your living space. Whatever your motivation may be, renovating your home can be a rewarding project.

In this article, we'll share 7 tips for DIY house renovation tricks. We hope these tips inspire you to give your home a facelift.

### #1. Use Paint Strips to Create a New Color Scheme

Paint strips are a quick and inexpensive way to change the color scheme of any room in your home. They come in various sizes and shapes, allowing you to easily cover walls and ceilings.

Simply cut the desired size strip, apply it to the wall, and let dry. Once dry, remove the tape and voila! You have a new color scheme.

### #2. Make a Wall Decoration Using Fabric

Fabric wallpaper is a popular option for adding texture and pattern to a room. If you don't want to spend a fortune on fabric wallpaper, you can simply purchase fabric swatches instead.

Cut the desired swatch, iron it onto the wall, and hang it up. This method works especially well for small rooms such as bathrooms.

### #3. Add Texture to Walls With Stickers

Sticker murals are a fun way to add personality to a room without spending a ton of cash. Simply peel off the backing paper, stick the sticker to the wall, and admire your handiwork.

This technique works particularly well for kids' bedrooms.

### #4. Cover Walls With Placemats

Placemats are useful kitchen tools that double as decorative items. You can use placemats to decorate walls in your dining area, entryway, or hallway.

Just cut the desired shape, place it on the wall, and secure it using masking tape.

### #5. Transform a Room Into a Bedroom

A bedroom is one of the most personal spaces in a home. But sometimes, it can feel cramped and boring.

To transform a room into a bedroom, you can repurpose furniture, install curtains, and add bedding.

For example, you can convert a spare closet into a guest bedroom.

### #6. Install a Fireplace Mantel

Fireplaces are a classic feature of homes. However, they often take up too much space in smaller rooms.

Installing a fireplace mantel allows you to maximize the space available in a room.

### #7. Hang Curtains From Ceiling Fans

Ceiling fans are a convenient way to cool down a room. But they aren't very attractive.

Hanging curtains from ceiling fans adds style and elegance to a room. Just attach curtain rods to the fan blades, then hang the curtains.

These DIY house renovation tricks will allow you to transform your home into a stylish abode.

Are you interested in learning more about how to remodel your home? Check out our blog posts below.

-- Grade: C

-- Comments: I see words, but some things just don't make sense. If my wife did number 7 I would definitely have a problem.

# LISTICLE WITH PARAGRAPHS: EXAMPLE 5

## PRO TEMPLATE

**Input:** 7 DIY House Renovation Tricks

## OUTPUT: 429 WORDS

Doing house renovations can be expensive. But don't let that stop you from doing it yourself. Here are 7 DIY tricks that will save you money and give you a finished project that's worth every penny.

### #1. Use Recycled Materials

Recycling materials saves you money and helps the environment. Instead of buying new wood planks, buy old ones from a yard sale or Craigslist.

Instead of using new carpet, use old rugs. Old carpets are often cheaper than new ones. And instead of buying new tiles, use old ones. Tiles are usually much cheaper than new ones.

### #2. Do Some Research Before Buying Supplies

Before you go shopping for supplies, do some research online. There are tons of websites dedicated to saving you money on everything from lumber to tile.

Use sites like Amazon, eBay, and Google Shopping to find deals on items you're interested in purchasing.

### #3. Make Sure You Know What You Need

Make sure you know exactly what you need before going to the store. Don't waste your time running around town trying to find things you don't need.

It's okay to buy a little bit of something you don't need, but you shouldn't spend hours searching for things you don't need just to save a couple dollars.

### #4. Buy Bulk Items Online

Buying bulk items online is another way to save money. For example, instead of buying 10 rolls of toilet paper, buy 1 roll.

This will save you money and space. Also, you won't have to run around town looking for toilet paper.

### #5. Shop Around

Shopping around is another way to save big bucks. Go to multiple stores and compare prices.

For example, if you see two different types of flooring at two different stores, go to each store and ask them to match the price. Then, compare the prices.

### #6. Check Out Freecycle

Freecycle is a website where people offer free stuff for others to use. The site allows users to search for free items based on location.

Check out Freecycle to find free items near you. You'll probably be surprised at what you find.

### #7. Be Creative

Don't limit yourself to following the rules when renovating your home. Try to come up with creative ideas that will make your home unique.

For example, instead of painting walls white, try painting them black. Or, instead of putting down new carpet, try installing bamboo floors.

These are just a few examples of creative renovation ideas. Think outside the box and you could end up with a beautiful home that costs you very little.

-- Grade: A+

-- Comments: A lot better recommendations than hanging curtains from ceiling fans!

# LISTICLE WITH PARAGRAPHS: EXAMPLE 5

## PRO TEMPLATE

Input: 7 DIY House Renovation Tricks

## OUTPUT: 429 WORDS

Doing house renovations can be expensive. But don't let that stop you from doing it yourself. Here are 7 DIY tricks that will save you money and give you a finished project that's worth every penny.

### #1. Use Recycled Materials

Recycling materials saves you money and helps the environment. Instead of buying new wood planks, buy old ones from a yard sale or Craigslist.

Instead of using new carpet, use old rugs. Old carpets are often cheaper than new ones. And instead of buying new tiles, use old ones. Tiles are usually much cheaper than new ones.

### #2. Do Some Research Before Buying Supplies

Before you go shopping for supplies, do some research online. There are tons of websites dedicated to saving you money on everything from lumber to tile.

Use sites like Amazon, eBay, and Google Shopping to find deals on items you're interested in purchasing.

### #3. Make Sure You Know What You Need

Make sure you know exactly what you need before going to the store. Don't waste your time running around town trying to find things you don't need.

It's okay to buy a little bit of something you don't need, but you shouldn't spend hours searching for things you don't need just to save a couple dollars.

### #4. Buy Bulk Items Online

Buying bulk items online is another way to save money. For example, instead of buying 10 rolls of toilet paper, buy 1 roll.

This will save you money and space. Also, you won't have to run around town looking for toilet paper.

### #5. Shop Around

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For example, if you see two different types of flooring at two different stores, go to each store and ask them to match the price. Then, compare the prices.

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Check out Freecycle to find free items near you. You'll probably be surprised at what you find.

### #7. Be Creative

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For example, instead of painting walls white, try painting them black. Or, instead of putting down new carpet, try installing bamboo floors.

These are just a few examples of creative renovation ideas. Think outside the box and you could end up with a beautiful home that costs you very little.

-- Grade: A+

-- Comments: A lot better recommendations than hanging curtains from ceiling fans!

# LISTICLE WITH PARAGRAPHS: EXAMPLE 6

## FREE TEMPLATE

**Input:** 5 Steps to Start a Babysitting Service

## OUTPUT: 442 WORDS

Babysitters are an essential part of any household. They provide care for children while parents go out to run errands or attend events.

However, babysitting services are often expensive and difficult to find. If you'd like to offer babysitting services without spending too much money, here are five steps to follow.

### #1. Find Out What Parents Need

Before you start offering babysitting services, first determine what parents need. Do they need someone to watch their kids while they go shopping or run errands? Do they need someone to come pick up their kid after school?

Parents may need one thing or another. Once you understand what parents need, you can decide whether you want to offer a specific service or multiple services.

### #2. Determine How Much Money You Can Make

After determining what parents need, think about how much money you can make. Will you charge \$10 per hour or \$20 per hour?

Will you charge \$15 per hour or \$30 per hour? There are no right answers. However, you should set prices based on your costs and what parents pay for similar services.

For example, if you live in a city with low housing costs, you might charge \$10 per hour. But if you live in a rural area with higher housing costs, you might raise your rates to \$25 per hour.

### #3. Create a Website

Create a website that allows parents to book babysitting services online. Include information about yourself, such as your name, phone number, email address, and location.

Include information about your services, such as hours of availability, types of services offered, and pricing.

Make sure to include contact information for parents who wish to hire you. This will allow parents to reach you easily.

### #4. Promote Yourself Online

Promoting yourself online is crucial to success. Use Facebook, Twitter, Instagram, LinkedIn, Google+, and Pinterest to promote your babysitting services.

Post pictures of your house, car, pets, and anything else that makes you stand out. Post links to your website and social media pages.

Use hashtags (#) to connect with others interested in babysitting services. For example, #babysitter or #babysitting.

### #5. Get Paid

When parents book your babysitting services, ask them to send payment via PayPal or Venmo.

PayPal and Venmo are popular methods of paying online. Both companies accept credit cards and bank accounts.

Once you receive payments, deposit the funds into your bank account. Then, transfer the money to your personal savings account.

This method ensures that you don't spend the money on unnecessary expenses. Plus, you won't have to deal with cash transactions.

Start a babysitting service today! You can make money doing something you love.

-- Grade: B+

-- Comments: Good solid output, but the pro version outshines it a bit. You could try your luck with a few more generations though.

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